

Notes for Past Me

DEAR ME

You will meet your people, people who love and accept you unconditionally, people who accept all parts of you. It will take longer than you hope, and they will be from backgrounds you don't expect but it's worth it. They help you learn and grow as a person.

You even realise that perhaps reading things other than fantasy is not that bad (you even read philosophy novels now).

Things may suck a bit now, but they will change.

I want to start this letter by saying, life is full of surprises.

You won't study veterinary like you currently dream of, but you will discover a passion for social justice and equity.

SAVE the DATE
20-23 OCTOBER
New South Wales
and if you can help it don't choose chemistry as a year 12 subject, it is not worth it.

I promise it is okay to like more than one thing!

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I want you to know that although you have to sacrifice a lot to achieve your goal of studying at university (including pursuing horses), it will all be worth it - and now you are so close. P.S. You will not study what you plan



As you grow older you will learn things about yourself that you never expected.

(and no, it isn't because you are broken).

There is a reason you never had a crush on any of the boys at your school.

Don't stress about it too much, you will figure it out eventually.

Although do note that those around you won't understand the hints you are dropping, don't be afraid to be open and honest. As long as you stay true to yourself and allow room for future growth you will be okay.



Year 11 and 12 will be scary, I hate to tell you that, but I can promise you will make it through. Hold your head high, you got this.

Above all I want you to keep going. Just keep putting one foot in front of the other and remember this:

EQUITY

You have survived 100% of your darkest days and you can continue to do so. You are strong enough. I promise.



I will close out this letter with some advice, make sure to have fun and explore what you like.

Also don't quit guitar because you get busy, you will regret it later.

Lots of love,
2022 Me



Ryan La Sala